

Grief Support for the English-speaking Community in Luxembourg

“The Red Cross/Croix Rouge” have a separate service called “Weesen Elteren” (bereaved parents); a support group for parents that have lost a child, irrespective of their age or cause of death. Luckily the webpage is in English and the services and activities offered are quite comprehensive. I’m not certain if there are group meetings as such, but there is definitely individual or couples support.

<http://www.croix-rouge.lu/en/presentation-de-weesen-elteren/>

“Initiativ Liewensufank” is the pregnancy, childbirth and parenting centre based in Itzig and they can support with perinatal loss or death of an infant or young child.

<http://www.liewensufank.lu/en/consultancy/face-to-face-counselling/>
<http://www.liewensufank.lu/en/about-us/who-we-are/>

“Omega90” is an association for palliative services and terminal care. Unfortunately the website is only in French, German and Portuguese, but I’m lead to believe that there is a limited service in English, or at least they have people on staff who can direct you towards the appropriate care.

<http://www.omega90.lu/cgi-bin/olefa?com=011210121>

“ThinkPinkLux” is the group founded by Carrie Cannon (ISL nurse) with some friends to offer support for women with cancer and their families. See the recent article in Le Wort giving more information about the organisation.

<http://www.wort.lu/en/community/think-pink-lux-at-5-a-lifeline-in-english-for-women-facing-cancer-540d45e2b9b3988708061673>

A long-shot could be the “Familljencenter” (Family Centre) who offer support, counselling and therapy to overcome a whole host of family-related problems. Coping with grief is mentioned in the text, but I could only find English as a language of use in the mediation section.

<http://www.familljen-center.lu/frz/service-psychologique.php>

Alternatively **Pastoral care** is also available to families in times of grief. There are a few English-speaking churches here in Luxembourg and it is possible to ask for support and help, even if you are not a member of their congregation. They are particularly experienced and adept at dealing with bereavement issues.

Tim Heijermans, Pastor of the Christian Community Church and his email is: ath@pt.lu

Andy Markey, Assistant Chaplain at the Anglican Church can be contacted at: andy.markey@anglican.lu

Fr Ed Hone, Chaplain at the English Catholic Church and his email is: fr.ed@pt.lu

Finally **bereavement counselling** from individuals can be a resource and two names that were recommended are as follows:

Christiane Steffens-Dhaussy, who is a grief therapist and speaks English, she lives in Rumelange and her number is: 621182532

Catherine Bennett, who is a psychotherapist, lives in Heisdorf and her number is: 26332350

